|  |  |  |  |
| --- | --- | --- | --- |
| **Method** | **n** | **Media** | **SD** |
| **TEAC mmol equivalent trolox/L of plasma** | 118 | 1.85 | 0.34 |
| **ORAC**  **µM de trolox/L of plasma** | 114 | 2102.6 | 607.47 |
| **Folin**  **mg of gallic acid/L of plasma** | 117 | 362.39 | 41.07 |